

# MS Athletics 2016-2017

## Eligibility

- Must have at least 1.5 GPA **and** must pass five classes in the 3<sup>rd</sup> trimester (7<sup>th</sup> and 8<sup>th</sup> grade only)

## Football

- Summer Weightlifting/Conditioning – Begins Monday June 6 from 8-10 am Monday-Friday (9-12 graders) or 5-6:30 pm at Clyde High School – Monday, Tuesday, and Thursday. (7-8 graders) We prefer all 7<sup>th</sup> -8<sup>th</sup> graders to come in the evening time if possible. Weight room is closed week of July 4.
- Football Camp: July 26-July 28 5:00-7:00
- Practice starts Monday August 1
  - o 8<sup>th</sup> Graders get equipment @ 3:30
  - o 7<sup>th</sup> Graders get equipment @ 4:15

## Volleyball

- The middle school camp (7<sup>th</sup> & 8<sup>th</sup> graders) is June 6-8, from 9-12:00 at CHS.
- August 1st is first day of MMS Volleyball Tryouts (Teams will be picked that Friday).
- 7<sup>th</sup> Grade will go 8:00-9:30 and 8<sup>th</sup> grade 9:30-11:00 am.
- Any questions email Angie Runion at [arunion@clyde.k12.oh.us](mailto:arunion@clyde.k12.oh.us)

## Cross Country

- Cross Country Conditioning: 6/9, 6/12, 6/16, 6/19, 6/23, 6/26, 7/10, 7/14, 7/17, 7/21, 7/24, 7/27, 7/31 from 7 to 8:30 P.M at CHS Track
- First day of practice – Monday, August 1 at MMS 7:00-8:30 PM
- Must have physical by first day of practice (August 1) – Cannot practice before a physical is turned in.
- Questions- Coach Baker: 419-307-5836 or [sbaker@clyde.k12.oh.us](mailto:sbaker@clyde.k12.oh.us)

## Cheerleading

- Please fill out necessary forms and return to your coach

## Physicals

- If you plan on participating in a sport at McPherson Middle School, you **must** have a physical prior to practice starting or trying out for a sport.
- Please begin to schedule physicals
- **Please fill out all the pages of the physical form.**
- **Turn into coaches first day of practice**

## Participation Fee

- There is an annual one time **\$100 participation fee** – athletes will be given forms first day of practice. Please contact Mr. Flewelling if this is an extreme hardship.

## Other Things to know

- 6<sup>th</sup> Grade & New Student Orientation, Schedule & Chromebook Pickup: Thursday August 23, MMS Gym, 5:30 pm last names beginning with A-K, 7:00 pm last names beginning with L-Z
- Schedule & Chromebook Pickup 7<sup>th</sup> & 8<sup>th</sup> Grade: Wednesday, August 24<sup>th</sup> & Thursday, August 25 from 8:00a.m.-3:00p.m. \*\*\*Fees must be paid to pick up either for grades 7-8
- No Schedule or Chromebook pickups outside of the designated dates & times
- 1st Day for Students: Monday, August 29<sup>th</sup>, Student School Day is 7:40am-2:40pm